

Philip J. Fizur, PsyD

Curriculum Vitae

<http://www.fizur.com/>

Positions

Cooper University Health Care

Cooper Medical School of Rowan University, Camden, NJ | 2019 – Present

- Licensed Clinical Psychologist and Assistant Professor of Medicine
- Lead Psychologist, Integrated Care
 - Direct clinical care for the inpatient consultation-liaison service and ambulatory integrated primary care service
 - Training and supervision duties for pre- and post-doctoral psychology training program, medical students, and residents
 - Co-founder and ongoing member of the Compassion & Resiliency Experience (C.A.R.E.) Program (formerly the RRT), a platform created to address provider and staff distress during the Covid-19 outbreak and now dedicated to promoting wellness at Cooper

Drexel University, Philadelphia, PA | 2020 - Present

- Adjunct Lecturer, Department of Psychology

Education

Cooper University Health Care, Camden, NJ | 2017 - 2019

- Postdoctoral Fellowship in Behavioral Medicine
 - Dual specialized in psycho-oncology and integrated primary care
 - Training experience including diagnostic evaluations, brief evidence based individual psychotherapy, pain management, neurocognitive assessments, and representing Behavioral Medicine at interdisciplinary care meetings.
 - Management and supervision of trainees through modalities including in vivo observation, weekly supervision, editing psychological reports, and supervision of scholarly activity.

Penn State Milton S. Hershey Medical Center, Hershey, PA | 2016 - 2017

- APA-Accredited Doctoral Internship Program in Clinical Psychology
 - Adult Neuropsychology, supervised by Antolin Llorente, Ph.D., Elana Farace, Ph.D., and Paul J. Eslinger, Ph.D.
 - Psychiatric Consultation-Liaison, supervised by Mark Rapp, M.D.
 - Pre-Surgical Evaluation, supervised by Andrea Rigby, Psy.D.

La Salle University, Philadelphia, PA | 2010 - 2017

- APA-Accredited Doctoral Program in Clinical Psychology
 - Degrees conferred include Master of Arts in Clinical Psychology (2013) and Doctor of Psychology (2017)

- Dissertation completed under the mentorship of Nataliya Zelikovsky, Ph.D:
An Internet-Based Intervention to Improve Adherence and Psychosocial Outcomes in Cancer Patients

Temple University, Philadelphia, PA | 2004 - 2009

- Bachelor of Arts, Psychology
 - Senior Thesis - Parkinson's Disease and Depression: A Review of the Literature and Arguments for an Integrated Psychotherapeutic Treatment Approach

Professional Affiliations, Committees, and Service

Professional Affiliations

- Association of Psychologists in Academic Health Centers | 2018 - Present
 - Co-chair, Early Career Psychologist Committee, 2021 to Present
 - Co-chair, Conference Planning Committee, 2021 to Present
 - Website Content Manager and Technical Liaison, 2019 to Present
 - Member, 2018 to Present
- Society Of Behavioral Medicine | 2013 - Present
 - Integrated Primary Care SIG Co-chair, 2022 to Present
 - Behavioral Information and Technology SIG, Social Media Committee, 2019 to Present
 - Member, 2013 to Present
- Society for Implementation Research Collaboration | 2011 - Present
 - Technology Chair, 2012 to 2019
 - Member, 2011 to Present
- American Psychological Association | 2011 – Present
 - Early Career Psychologist Representative, Clinical Health Psychology Specialty Council (CHPSC)
 - Member of Divisions 12, 38

Committees

- Cooper University Health Care
 - Psychology DEI Committee, July 2021 – Present
 - Schwartz Center Rounds Steering Committee, Cooper University Hospital, July 2019 - Present
 - ED Care Plan Committee, July 2020 - Present
 - Suicide Prevention Committee, Cooper University Hospital. July 2017- Present
- Cooper Medical School of Rowan University
 - Rules of Procedure Committee, July 2020 – Present

Service

- The Pennsylvania and Delaware Directors of Training Consortium (PENDELDOT)
 - Positions held include Site Representative (2018 to 2020), Chair Elect (2020 to 2021), Chair (2021 to 2022), and Past Chair (2022 to 2023)
 - PENDELDOT is organized to support doctoral level psychology practicum training in the Pennsylvania, Delaware, and New Jersey area through uniform application, selection, and other procedures as well as to facilitate communication and collaboration between students, training sites, and academic programs.
- The Emotional PPE Project
 - Created in response to the COVID-19 pandemic, The Emotional PPE Project connects healthcare workers in need with licensed mental health professionals who can help at no cost.
 - Positions held include volunteer clinician and media representative

Invited Lectures and Presentations

- Fizur, P. (2022, May). Proactive Wellness for Medical Students. Lecture conducted for M3 Class, Cooper Medical School of Rowan University, Camden, NJ.
- Gilrain, K., Fizur, P. (2022, May). Promoting Wellbeing in Teachers. Lecture conducted for the faculty of Haddonfield Middle School, Haddonfield, NJ.
- Clay, C., Fizur, P. (2022, May). Let's Talk: Understanding and Accepting the Challenges of Living with Sickle Cell Disease. Lecture conducted for Sickle Cell Support Group, The MD Anderson Cancer Center at Cooper, Camden, NJ.
- Fizur, P., Skelton, W. (2022, April). Emotion Regulation and Interpersonal Communication with Difficult Patients. Lecture conducted for Hospital Medicine group, Cooper University Health Care, Camden, NJ.
- Fizur, P., Charles, D. (2022, April). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P., Hayes, A., LaGrotte, C. (2022, April). Family Medicine Process Group Training. Training provided for the Family Medicine Residency Faculty, Cooper University, Camden, NJ.
- Fizur, P., Gilrain, K. (2022, March). Leadership Wellbeing. Lecture conducted for the Meeting of Nursing Leadership Excellence, Cooper University Hospital, Camden, NJ.
- Fizur, P. (2022, March). Effective Interpersonal Communication in Medicine. Lecture conducted for Hospital Medicine Grand Rounds, Cooper University Hospital, Camden, NJ.
- Fizur, P. (2022, March). Effective Interpersonal Communication in Medical Education. Lecture conducted for Endocrinology Faculty Meeting, Cooper University Hospital, Camden, NJ.

- Fizur, P. (2021, October). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P., Fizur, H., Rowello, L. (2021, August). The Mental Health Experience of LGBTQA+ Children, Adolescents, and Young Adults. *Tapestry Conversation*. Virtual.
- Fizur, P., Lazos, K. (2021, August). Compliance or Commitment: Employee and Provider Rounding for Resilience and the Impact It Has on HCAHPS Performance and Quality of Care. *What's Right in Health Care*. Denver, CO
- Fizur, P., Gilrain, K. (2021, July). Promoting Resiliency in Yourself and Your Team. *Radiology Department Meeting*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2021, February). Evidence-Based Psychotherapy for Advanced Cancer. *Psychiatry Grand Rounds*. Lecture conducted at Cooper University Hospital and Virtually, Camden, NJ.
- Fizur, P. (2020, October). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P. (2020, August). Promoting Resiliency in Yourself and Your Team. *Hospital Medicine Site Director Meeting*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2019, October). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P. (2019, July). Helping the Challenged & Challenging Learners: Promoting Engagement and Managing Divergent Learning Styles. *Faculty Development Seminar Third Year Practicum Seminar*. Lecture conducted at Cooper Medical School of Rowan University, Camden, NJ.
- Fizur, P. (2019, October). Helping the Challenged & Challenging Learners: Promoting Engagement and Managing Divergent Learning Styles. *Hospital Medicine Faculty Development Seminar*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2019, October). Helping the Challenged & Challenging Learners: Promoting Engagement and Managing Divergent Learning Styles. *Faculty Development CME Event*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Gilrain, K., Bullock, A, Fizur, P; McGroarty, S., Alioto, A; McMahan, C., *Development and Expansion of Behavioral Medicine Programs in Medical Settings. Panel Discussion at Annual Conference of Society of Behavioral Medicine, 40th Meeting, Washington DC, March 2019)*
- Fizur, P. (2019, February). Case Conceptualization in Brief Treatment Settings. *Third Year Practicum Seminar for Rowan University PhD Program in Clinical Psychology*. Lecture conducted at Rowan University, Glassboro, NJ.

- Fizur, P. (2018, October). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P. (2018, March). The Role of Behavioral Medicine in Inpatient Obstetrical and Gynecological Settings. *Cooper University Hospital*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2017, October). The Role of Behavioral Medicine in an Academic Medical Center. *Psychosocial and Behavioral Factors in Health and Medicine for the Drexel University Post-Baccalaureate Pre-Medical Certificate*. Lecture conducted at Hahnemann Hospital, Philadelphia, PA.
- Fizur, P. (2017, October). Introduction to Psycho-oncology. *Guest Lecture in Health Psychology I for Doctoral Students*. Lecture conducted at La Salle University, Philadelphia, PA.
- Gilrain, K., Fizur, P., Skelton, W., Osbourne, K., Gerofsky, R., Sisanze, C., Muratore, A. (2017, October). Mindfulness for Trauma Surgeons and Nurses. *Cooper University Hospital Trauma Surgery*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2017, September). Person-Centered Care for Dementia. *Care Training for Stephen Ministries*. Lecture conducted at Haddonfield United Methodist Church, Haddonfield, NJ.
- Fizur, P. (2017, August). Mindfulness and Defining the New Normal in Cancer. *Psycho-oncology for People with Cancer*. Lecture conducted at Gilda's Club of South Jersey, Linwood, NJ.
- Gilrain, K., Fizur, P. (2017, June). The Role of Behavioral Medicine in Emergency Medicine. *Cooper University Hospital Emergency Medicine Residency Training*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2017, June). Defining the New Normal in Cancer. *Signature Classes Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2017, May). Combating Fear of Recurrence. *Signature Classes Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2016, April). The MAPPS Study: Examining Neuropsychological Correlates of Musical Aesthetics Preference Stability in Dementia. *Penn State Hershey Center for Applied Research*. Lecture conducted at Penn State, Harrisburg, PA.
- Fizur, P. (2015, May). Understanding Statistics in Oncology Research. *Signature Classes Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2014, October). Understanding Statistics in Oncology Research. *Signature Classes Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2014, April). Positive Parenting Strategies. *Lecture and Latte Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.
- Fizur, P. (2014, April). Coping With What Life Throws Your Way: Distress Tolerance for Individuals with Cancer. *Signature Classes Series*. Lecture conducted at Cooper University Hospital, Camden, NJ.

Peer Reviewed Professional Conference Presentations

- Houtsma, C., Fizur, P., Williams, A., Mastalerz, M., Jones, K., Bullock, A., Dowd, S., Butt, Z., Cavanagh, C. (2021, July). Innovation Amid Crisis: How Psychologists in Healthcare Settings Responded to the COVID-19 Pandemic. Panel session presented at The American Psychological Association 2021 Conference, Virtual.
- Virtue, S., Gilrain, K., Bullock, A.; Mindell, J., Fizur, P. (2021, March). Psychology Training in Academic Health Centers during a Global Pandemic: Barriers, Opportunities, and Lessons Learned. Panel session presented at The Association of Psychologists in Academic Health Centers 2021 Conference, Virtual.
- Gilrain, K., Fizur, P., Rostain, A., Downing, V., Fisher, J., Bullock, A. (2021, March). Creating and Sustaining Provider Wellness Programs in Academic Health Centers: Addressing HealthCare Workers Psychological Needs in Light of COVID-19. Panel session presented at The Association of Psychologists in Academic Health Centers 2021 Conference, Virtual.
- Bullock, A., Gilrain, K., Fizur, P., & Aplin, K. (February 2019). Identifying preliminary quality indicators of a psychology consultation-liaison service at an academic health center. Poster, Biannual Meeting of the Association for Psychologists in Academic Health Centers, New Orleans, LA.
- Fizur, P., Zelikovsky, N., & McMahan, C., Sude, M. (2018, April). Results of An Internet-Based Intervention to Improve Adherence and Psychosocial Outcomes in Cancer Patients. Poster session presented at The Society of Behavioral Medicine, New Orleans, LA.
- Gilrain, K., Fizur, P., & McMahan, C. (2017, March). Patterns of Consultation Liaison Referrals in an Urban Academic Medical Setting: Future Directions in Behavioral Medicine. Poster session presented at The Society of Behavioral Medicine, San Diego, CA.
- Scott, K., McMahan, C., Fizur, P., Gilrain, K., Harrison, T., & Reditus, M. (2017, March). Beyond Distress Assessment: Leveraging Technology for Psychosocial Screening and Dynamic Referral. Poster session presented at The Society of Behavioral Medicine, San Diego, CA.
- Scott, K., McMahan, C., Fizur, P., Gilrain, K., Harrison, T., & Reditus, M. (2017, March). Empowering Breast Cancer Patients with Wearable Technology: Health Literacy, Communication, and Connection: A Pilot Study. Poster session presented at The Society of Behavioral Medicine, San Diego, CA.
- Beidas, R., Edmunds, J., Fizur, P., and Kendall, P.C. (November 2010). Training in an Empirically Supported Treatment: Therapist Interest, Recruitment, and Preliminary Demographics. Poster accepted to the 43rd annual conference of the Association for Behavioral and Cognitive Therapies, New York, New York.
- Tiwari, S., Harrison, J. P., Fizur, P., Mychailyszyn, M.P., & Kendall, P.C. (November 2010). Characteristics of Exposure Sessions as Predictors of Differential Treatment Response in a Sample of Anxious Youth. Poster session presented at the meeting of the Association of Cognitive and Behavioral Therapies, San Francisco

Publications

- Bullock, A., Sorbello, A., Gilrain, K., Fizur, P., & Aplin, K. (2021). Patient satisfaction with a psychology consultation-liaison service. *Journal of Clinical Psychology in Medical Settings*. Advance online publication. <https://doi.org/10.1007/s10880-021-09829-6>
- Gilrain KL, Fizur P, Allen, R, Campbell, E, Watson, P, Jordan, S, Kupersmith, E., Rostsain, A. Addressing the Emotional Distress of Healthcare Workers: Creating a Cohesive Resiliency Program Response to COVID-19. *Journal of Mental Health & Clinical Psychology*. 2020; 8(1)
- Gilrain KL, Hays AM, Grunberg VA, Bullock A, Fizur P, Ross SE. Commentary: Implementing and Evaluating SBIRT for Alcohol Use at a Level 1 Trauma Center: A Behavioral Medicine Approach. *J Ment Health Clin Psychol*. 2020; 4(1): 8-9
- Hays, A. M., Gilrain, K. L., Grunberg, V. A., Bullock, A., Fizur, P., Ross, S. E., et al. (2020). Implementing and evaluating SBIRT for alcohol use at a level 1 trauma center: A behavioral medicine approach. *Journal of Clinical Psychology in Medical Settings*, 27(2), 376-384.
- Landes, S., Kerns, S., Pilar, M., Walsh-Bailey, C., Yu, S., Byeon, V., Crane, M., Larson, M., Bullock, H. Baumann, A., Comtois, K., Darnell, D. Dorsey, S., Fizur, P., Lewis, C., Moullin, C., Pierson, A., Powell, B., Stanick, C., Wiltsey, S. & Franks, R. (2016). The Society for Implementation Research Collaboration: Pursuing a Rigorous and Innovative Future for Implementation Science. *Implementation Science*.
- Wesley, K. M., Fizur, P. J., & Wesley, K. M. (2015). A review of mobile applications to help adolescent and young adult cancer patients. *Adolescent Health, Medicine and Therapeutics*, 6, 141-148.
- Tiwari, S., Kendall, P. C., Hoff, A. L., Harrison, J. P., & Fizur, P. (2013). Characteristics of exposure sessions as predictors of treatment response in anxious youth. *Journal of Clinical Child & Adolescent Psychology*, 42(1), 34-43.

Research Projects

- Mindfulness and Technology Study Group, Cooper University Health Care, July 2021 to Present
 - Co-investigator examining the relationship between problematic technology engagement and health related behaviors, and the possible use of mindfulness to address this
- Promoting the Use of Mindfulness-Based Skills as Part of Inpatient Postoperative Pain Management, Cooper University Health Care, January 2020 - Present
 - Primary investigator examining the potential impact of mindfulness-based interventions on subjective pain ratings and analgesia demand in post-operative patients
- Identifying preliminary quality indicators of a psychology consultation-liaison service at an academic health center, Cooper University Health Care, March 2019 to December 2021
 - Co-investigator of a study assessing the degree to which quality indicators are measured by patient survey data are impacted by interaction with Behavioral Medicine CL service while admitted.

- Assessing Health Consciousness in Adults living with Ostomies, Cooper University Health Care, October 2017 to October 2018
 - Co-investigator of a study to understand health consciousness, internalizing symptoms, and health-related quality of life in adults who undergo temporary or permanent ostomy surgeries within one year.
- An Internet-Based Intervention to Improve Adherence and Psychosocial Outcomes in Cancer Patients, La Salle University, August 2013 to May 2017
 - Primary investigator of a pilot study of a self-developed Internet-based intervention with the goals of assessing its usability and acceptability as well as effectiveness in addressing mood symptoms and adherence in cancer patients
- MAPSS: Music Aesthetic Preference Stability Study, Penn State Hershey Medical Center, July 2015 to September 2017
 - Research assistant to a study exploring correlates of neuroimaging studies with the stability of music aesthetic preference in patients with advancing dementia
- Personality Correlates of Altruistic Organ Donation, Penn State Hershey Medical Center, July 2015 to June 2016
 - Co-investigator assessing scale elevations on the MMPI-II-RF as predictors of altruistic organ donation
- The impact of a behavioral medicine intervention on the quality of life and functional outcome of trauma patients admitted to a surgical ICU, Cooper University Health Care, July 2014 to June 2015
 - Research assistant responsible for conducting assessment and intervention with patients admitted to the hospital following trauma as well as phone follow-up at three- and six-month intervals
- Evidence Supporting Social Communication Anxiety Treatment (S-CAT) for Selective Mutism: A Study with Replication, La Salle University, August 2013 to January 2014
 - Statistical consultant
- Society for Implementation Research Collaboration, University of Washington, July 2011 to July 2019
 - Research Assistant and Junior Colleague for the NIH-funded multi-site project investigating issues related to implementation and dissemination of evidence-based practices across multiple studies and activities.
- Developing a skin toxicity-related quality of life scale for breast-radiotherapy, Cooper University Health Care, January 2011 to January 2012
 - Research assistant responsible for conducting assessment and intervention with patients admitted to the hospital following trauma as well as phone follow-up at three- and six-month intervals.
- Coping Cat Implementation Research, Temple University, January 2008 to May 2010
 - Research assistant responsible for post-hoc session rating of implementation fidelity, acting as session confederate, as well as technical duties as assigned.

Editorial Contributions

- Journal of Clinical Psychology in Medical Settings
- Cooper Rowan Medical Journal
- Annals Behavioral Medicine
- Translational of Behavioral Medicine
- American Journal of Transplantation
- Pediatric Transplantation

Teaching

Cooper Medical School of Rowan University, Camden, NJ | 2017 - Present

- M1 Courses - Motivational Interviewing, Risk Assessment Across the Lifespan
- M3 Courses - Transdisciplinary Medicine, Interdisciplinary Chronic Care Clerkship (ICCC)
- M4 Courses - Motivational Interviewing, Integrated Behavioral Medicine Across Medical Disciplines

Drexel University, Philadelphia, PA | 2020 - Present

- Clinical Psychology PhD Program - Personality Assessment

Honors and Awards

- Provider of the Quarter, Spring 2020 - Quarterly award recognizing Cooper's highest performing providers who exemplify the hospital's Core Values & Service Standards and is instrumental in helping Cooper to achieve Strategic Priorities.

Specialized Trainings

- Acceptance and Commitment Therapy with Steven C. Hayes
 - ACT Founders Boot Camp, Drexel University, October 2014
 - ACT in Practice, Virtual, July 2021
- Memorial Sloan Kettering Cancer Center
 - Meaning-Centered Psychotherapy, December 2018
- University of Wisconsin
 - Behavioral Activation Online Training, February 2014
- American Psychological Association
 - HIV Mental Health Service Delivery Training, October 2011
 - Ethical Issues & HIV/AIDS: A Multi-Disciplinary Mental Health Curricula, October, 2011

Prior Work Experience

Temple University

- Assistant Director of Information Technology, March 2004 – August 2010
 - Plan and implement technology infrastructure for the College of Liberal Arts, including HIPAA compliant data servers and applications.
 - Build and maintain databases as well as applications and websites for data access.
 - Maintenance and development of systems, including the Temple University Neurocognition Laboratory server.